



KIDS GO FURTHER AT YOUR
SCHOOL





AYS History

- AYS, Inc. (formerly At-Your-School Child Services, Inc.) began with the vision of three concerned mothers who realized that working parents often could not be with their children during the critical out-of-school hours. A growing number of latchkey kids were going home after school to empty houses until their parents returned from work, hours later. [Ellen Clippinger](#), AYS' founder, felt these children were at serious risk and began looking for a solution. She soon found the perfect location for after-school care- inside the school buildings. The children were in a familiar place, there was no need for transportation, and the buildings were laid out to best fit the needs of children. In 1980, AYS was incorporated, gained not-for-profit status, and partnered with [IPS School #70](#) as Indianapolis' first after-school program within a school building. A start up grant from The Indianapolis Foundation supported the opening of this first program. Shortly after, AYS added a before-school program. New sites were added quickly and AYS currently operates in eight IPS schools.
- Over the next years, AYS expanded into Washington Township, North West Hendricks County, Decatur Township, Speedway Schools, and Shelby and North Montgomery County. AYS also has programs in parochial and charter schools. The first annual Camp AYS summer program was held in 1987. We opened our first [early childhood program](#), initially as a kindergarten program, in 1999.
- AYS continues to grow. Our first program started with fewer than ten children. During this current school year, we have served more than 3,400 students at 44 sites in seven school districts. We strive to deliver high quality programming at low cost to the children and their families. 96% of parents say they are happy or very happy with AYS, and 98% of them believe their children are safe and happy at AYS.



AYS Mission, Vision and Values

- AYS enriches the learning and well-being of children in a safe, caring and fun environment outside of the school day
- AYS is the provider of choice for out-of-school time programs in central Indiana.
- AYS values respect, responsibility and commitment by:
 - Delivering high-quality programs
 - Nurturing individual potential in children and staff
 - Supporting families and communities
- AYS is the best way for all kids to learn, grow, have fun, and stay safe in the environment parents already trust: at your school. Our programs create safe and caring environments that provide a balance of academic and social development through a variety of choice-directed and staff-directed activities. Choice-directed activities are easily accessible and include table games, learning stations and craft time. Staff-directed activities require direct instruction and supervision and are related to AYS core curriculum components and standards.



Did You Know?

- AYS' first program started with fewer than ten children. Today, we serve over 3,400 children annually. Parent surveys demonstrate that 99% of parents feel their child is safe while at AYS and 96% feel their child is happy at AYS. 71% of parents of students enrolled in AYS programs said that AYS has helped their child become more interested in school, 52% reported that with AYS' help their child's grades improved, and 73% stated that their child became more confident in himself/herself because of AYS and 57% credited AYS with their children's improved behavior at home.



What Makes AYS Special

- AYS, Inc. (formerly At-Your-School Child Services) specializes in providing high-quality, educational and safe programs for children outside of school hours. Parents want to know their child will be safe, happy and cared for in their before- and after-school program, and AYS strives to go above and beyond these expectations. We believe in building a community together while honoring each child's individuality. We are located in the school and work to provide a seamless transition between the school day and AYS time.



AYS COMPONENTS





AYS Four Core Components

- All AYS programs focus on **four core components** when developing activities- literacy, math, health and social development. In addition, each month, all AYS programs are required to plan and facilitate a **STEAM (science, technology, engineering, arts, and mathematics) Week**. This curriculum is focused on STEAM projects to instill an interest and foster engagement in the STEM fields and help the children develop an appreciation and knowledge of visual and performing arts. **AYS curriculum** is amalgamated from nationally and internationally respected institutions and museums. These sources align with state, national or international standards. Curriculum workshops are held each month to assist program directors and staff. Additional workshops are offered through the **AYS Professional Development Center**.

Schedules vary by program site, but a typical day at AYS might look like:

- Dismissal bell rings and AYS starts
- AYS students walk down the hall to their classroom where they are greeted by AYS staff and attendance is recorded.
- Wash hands and have a snack while catching up with friends
- Time for homework, reading or rest time
- Physical activity: we love to play! Weather permitting, students will head outdoors or play in the gym.
- Enrichment activity: we provide educational activity options based on IN Academic State Standards, as well as board games and social activities.
- More physical activity before parents arrive to sign their children out for the day



Tentative Daily Schedule

| Sample Morning | Activity | Description |
|----------------|--------------------------------|--|
| 6:45-7:30 | Independent Time Group Time | Children should have the daily opportunity to select activities for themselves. These include stations, reading lounge and crafts. Academic stations should be accessible until final cleanup. |
| | | Children may bring a morning snack. They will wash their hands and join their friends to sit and enjoy snack. Group time should be used for daily check-ins, character discussions, group share, check-ins and activity choices. |

| Sample Afternoon | Activity | Description |
|------------------|--------------------|---|
| 3:15 - 3:40 | Snack & Group Time | Before afternoon snack children wash their hands and join their friends to sit and enjoy snack provided by AYS. Group time should be used for daily check-ins, character discussions, group share, check-ins and activity choices. |
| 3:40 - 4:10 | Academic Time | Children are offered assistance in completing their homework during this time. Children who do not have homework will engage in alternate academic activities. For children without homework read aloud time and independent reading should be provided. Academic stations should be accessible until final cleanup. |
| 4:10 – 4:50 | Active Play | Weather permitting, the group will go outside for thirty minutes of open play each morning and afternoon. Children should have the opportunity to create activities for themselves with physical activity equipment or on school fields. If weather is inclement, the gym should be demarcated into activity zones for indoor play. |
| 4:50 - 5:30 | Daily Activity | These activities should relate to either core or enrichment components and should be led by staff. Clubs, special programs and organized games can also take place during this time. |
| 5:30 - 6:00 | Independent Time | Children should have the daily opportunity to select activities for themselves. These include stations, reading lounge and crafts. |



Homework Assistance

Children are offered assistance in completing their homework during this time. For children without homework read aloud time and independent reading should be provided.

- Minimum of 20 minutes each afternoon
- Provide a quiet space and time for those that need more than 20 minutes
- Provide quiet academic stations for those that do not have homework
- Academic stations should be accessible until final cleanup



30 Minutes Active Play

Weather permitting, the group will go outside for thirty minutes of open play each morning and afternoon. Children should have the opportunity to create activities for themselves with physical activity equipment or on school fields.

- Daily outdoor play must be clearly marked on your posted schedule.
- Follow the school determination for cancellation of outdoor play.
- If weather is inclement, the gym should be demarcated into activity zones for indoor play.



AYS CURRICULUM



Curriculum



| AYS Curriculum Plan | | Program: | | | Dates | |
|-------------------------------|--|--|---|---|--|--|
| PM | MON | TUE | WED | THU | FRI | |
| Snack & Group Time | Attendance Daily Announcements | Attendance Daily Announcements | Attendance Daily Announcements | Attendance Daily Announcements | Attendance Daily Announcements | |
| Academic Time | Homework, Reading, Journals, Academic games | Homework, Reading, Journals, Academic games | Homework, Reading, Journals, Academic games | Homework, Reading, Journals, Academic games | Homework, Reading, Journals, Academic games | |
| 30 Minutes Active Play | Playground /Structured Staff Led Inside Active Plat | Playground/Structured Staff Led Inside Active Play | Playground/Structured Staff Led Inside Active Play | Playground/Structured Staff Led Inside Active Play | Playground/Structured Staff Led Inside Active Play | |
| Daily Activity | Craft – Wood painting STEM Girl Scouts | Craft –Velvet pictures STEM Music | Craft – Pot holders STEM Cooking Club | Craft – Pot holders STEM CYO | Craft – Gingerbread decoration STEM Boy Scouts | |
| Independent Time | Legos, Barbies, Board games, Color, Drawing | Legos, Barbies, Board games, Color, Cards, Drawing | Legos, Barbies, Board games, Coloring, Cards, Drawing | Legos, Barbies, Board games, Coloring, Cards, Drawing | Legos, Barbies, Board games, Coloring, Cards Drawing | |

NOTES:



AYS Curriculum

- AYS programs create safe and caring environments that provide a balance of academic and social development through a variety of choice-directed and staff-directed activities. Choice-directed activities are easily accessible and include table games, learning stations and craft time. Staff-directed activities require direct instruction and supervision and are related to AYS curriculum components and standards.
- AYS after-school programs provide a minimum of one staff-led curriculum activity per day. AYS curriculum is amalgamated from nationally and internationally respected institutions and museums. These sources align with state, national or international standards. Curriculum workshops are held each month to assist program directors and staff. Additional workshops are offered through the AYS Professional Development Center.
- All AYS before- and after-school programs focus on four core components when developing weekly and daily activities. The *health* core component focuses on fostering healthy habits, encouraging outdoor play, and improving physical fitness in all children. This is implemented by outdoor activities and free play as often as the weather allows, healthy cooking clubs, fitness tracking, and special games. The *social development* component focuses on service, good citizenship, and character development. Some activities that support those goals are philanthropic curriculum, youth leadership opportunities, learning about different cultures, cooperative games, and character building activities. *Literacy* is supported by offering comfy reading lounges, theater clubs, reading rewards, letter writing activities, and read aloud programs. Lastly, the *math* component focuses on numeracy, spatial reasoning, and problem solving. Attractive math table games like NBA Math Hoops are offered, and physical math games and construction stations encourage participation in math activities.
- Each month, all AYS programs are required to plan and facilitate a **STEAM (Science, Technology, Engineering, Arts, and Mathematics) week**. This week is intended to instill an interest and foster engagement in the STEM fields and help the children develop an appreciation and knowledge of visual and performing arts



AYS STEAM Week

- STEAM Week is a STEAM-education-focused project designed to provide experiential learning in a variety of STEM subjects with strong arts integration. For eight months during the school year (September-April), AYS program sites offer a STEAM Week theme with hands-on STEM activities that relate to a different arts topic. Each monthly STEAM Week provides activities each day that are intentional, in-depth and inter-related.
- We developed the AYS STEAM Week curriculum by determining one STEM and one arts concept that can be applied to engaging and exciting arts activities for each month of the school year. Activities are chosen that illustrate the concepts through hands-on experiences, offering multiple pathways to success. During the activities, the staff members ask concept-focused questions and let children do the cognitive work. Afterwards, interest is further supported with books, apps, videos and visits from content specialists.

What Does STEAM Week Look Like?



- For example, a kinetic art STEAM Week activity was focused on engineering and abstract art. Children used a craft motor to design a machine that can move on its own and create marks on paper. Staff members leading the activity referred to variables and the engineering process as children worked through the building and testing of their machines. The children were encouraged to problem solve in groups and share information. As the machines began to make marks, staff members asked open-ended questions about the artistic nature of the drawing such as abstraction versus realism. Depending on technology access at each site, the students may have also watched a video of the French artist Jean Tinguely, who created such machines in the 1950's. Additional activities for the week included building a spinning top to create designs and hanging abstract mobiles.



STEAM Week Themes 2018-19

- *Mechanical Toys*—Sculpture, Engineering
- Optics & Illusions*—Visual Art, Physiology
- Restaurateur*—Culinary, Math
- Digital Game Design*—Graphic Design, Computer Science
- Thrill Rides*—Architecture, Physics
- Beats*—Music/Dance, Math
- Ceramics*—Sculpture, Earth Science
- Upcycle Fashion Design*—Visual Art, Engineering



Math

Math

- Focus Areas: Numeracy, Spatial Reasoning and Problem Solving
- Outcomes: demonstrated articulation of math concepts, participation in Math Rewards program, demonstrated increase in spatial concepts

Embedded in:

- Active Play – provide tools for children to measure performance
- Daily Activity – math related curriculum and math based physical games
- Independent time – math related table games
- Academic Time – provide math worksheets



Social Development

Social Development

- Focus Areas: Service, Citizenship and Character
- Outcomes: engagement in leadership opportunities, demonstration of character growth, participation in service learning.

Embedded in:

- Snack – leaders can assist in service and cleanup
- Active Play – encourage and support sportsmanship
- Daily Activity – community service and character development curriculum
- Independent time – community service projects



Literacy

Literacy

- Focus Areas: Reading, Writing and Speaking
- Outcomes: participation in reading program, increase in speaking fluency, increase in authorship.

Embedded in:

- Group Time – sharing and speaking
- Academic Time – reading lounge
- Daily Activity – theatre clubs and writing and reading curriculum
- Independent time – literacy based table games and reading lounge



AYS SNACK



SNACK



- This organization participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving day care.
- Each day more than 2.6 million children participate in CACFP at childcare homes and centers across the country. Providers are reimbursed for serving nutritious meals that meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.
- Meals CACFP homes and centers follow meal requirements established by USDA.
- Breakfast Lunch or Supper Snacks (two of the five groups) Milk Fruit or vegetable Grain (may be substituted with a meat or meat alternate up to 3 times per week) Milk Meat or meat alternate Grain Vegetable Fruit (may be substituted with a 2nd vegetable) Milk Meat or meat alternate Grain Vegetable Fruit
- Participating Facilities Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:
- Child Care Centers: Licensed or approved public or private nonprofit child care centers, head Start programs, outside-school-hours programs, and some for-profit centers. • Family Child Care Homes: Licensed or approved private homes. • At-Risk After School Meal Programs: Centers in low-income areas provide free snacks and suppers to school-age children and youth. • Emergency Shelters: Programs providing meals to homeless children.
- Eligibility State agencies reimburse facilities that offer non-residential day care to the following children: • Children age 12 and under, • Migrant children age 15 and younger, and • Youth through 18 in after school care programs in needy areas.

Daily Snack Menu

AM Snack Menu

| Mon | Tue | Wed | Thu | Fri |
|---------------|---------------|---------------|---------------|---------------|
| No Am Program | No Am Program | No Am Program | No Am Program | No Am Program |
| No Am Program | No Am Program | No Am Program | No Am Program | No Am Program |
| No Am Program | No Am Program | No Am Program | No Am Program | No Am Program |
| | | | | |
| | | | | |

PM Snack Menu

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|---|---------------------------------------|
| Ritz crackers 20g / .7oz Cheese 1oz (Fruit) | Ham/Turkey Sandwich Sun Chips 25g | Nutri Grain fruit bars apple 3/4 c | Tortilla chips 3/4c, Fruit Cocktail 3/4c (Salsa/Cheese) | Nilla Wafers Go-gurt |
| Nutri Grain Peaches 3/4 c | Fruit Cocktail 3/4c Pretzel 9oz | Tortilla chips 3/4c, Fruit Cocktail 3/4c (Salsa/Cheese) | Ritz crackers 20g / .7oz Cheese 1oz (Fruit) | Ham/Turkey Sandwich Sun Chips 25g |
| Nutri Grain apple 3/4 c | Fruit Cocktail 3/4c Pretzel 9oz | Ritz Crackers string cheese | Cheese 1oz, Bagel 25g / .9oz, (Pizza Topping, pepperoni) | Go-Gurt 3/4 cup, Goldfish 25g/.9oz |
| Ritz crackers 20g / .7oz Cheese 1oz (Fruit) | Tortilla chips 3/4c, (Salsa/Cheese) | Yogurt 1/2c/4oz (Graham Crackers) | Ritz crackers 20g / .7oz Cheese 1oz (Fruit) | PB crackers 25g Fruit 3/4 cup |
| Salad 3/4 cheese cubes | Go-Gurt 3/4 cup, Goldfish 25g/.9oz | SunChips 25g, Fruit 3/4c | Ham/Turkey Sandwich Sun Chips 25g | Peaches 3/4 c Sun Chips 25g/ .9oz |





AYS RISK MANAGEMENT





Risk Management

- ❑ Parents must sign children into morning program and out of afternoon program.
- ❑ Staff members sign children 'out' to school, and back 'in' after school
- ❑ Attendance must be taken after school within 10 minutes of school dismissal
- ❑ Staff members must follow up on any child that was expected to attend but is not present
- ❑ Follow up must be done with an adult (parent, teacher, school office, etc.), not another child
- ❑ Attendance can be done by roll call, check in at the door, small group leader, etc.
- ❑ After School club protocol (parent approval/ teacher approval)



Risk Management

- ❑ For our school-age programs the child to staff ratio is 15 to 1.
- ❑ Our kindergarten program child to staff ratio is 12 to 1.
- ❑ Be mindful of staff-to-student ratio among groups, adjust as needed.
- ❑ Each program should create groups based on grade level.
- ❑ Grouping assists with snack service, attendance, and child count.
- ❑ When a large group is together in one space such as a cafeteria, divide children into activities with staff assigned.
- ❑ Develop a system to track movement and activity participation.
- ❑ Each site must develop a Positive Behavior Management Plan
- ❑ The plan should be easy for children to understand and for staff to implement.
- ❑ AYS staff must model respect and positive behavior.



CLOSING AND CONTACT INFORMATION



THANK YOU FOR YOUR
CONSIDERATION



Contacts

Contacts:

Scott Warner-Director of Partnerships swarner@ayskids.org

Robyn Baker-Regional Program Manager rbaker@ayskids.org

AYS Administrative Offices

4701 N. Keystone Ave., Suite 475

Indianapolis, IN 46205

Ph: (317) 283-3817

Fax: (317) 283-3840

Office Hours: M-F 8:00 AM – 5:00 PM